## IIT Roorkee (Medical Attendance and Treatment) Rules, 2007

(Framed in accordance with the Statute 27(1) (b) of the Institute)

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Definitions 2. In these rules, unless there is anything repugnant in the subject or context:-	Definitions 2.		

- (1) "Authorized Medical Attendant (AMA)" means-
  - (i) the Chief Medical Officer (CMO) of the Institute;
  - (ii) the Medical Officer (MO) of the Institute;
  - (iii) the Medical Officer appointed at any campus of the Institute;
  - (iv) the Chief Medical Officer or a Medical Officer of any Government Hospital/ Health Centre/ Dispensary in whose jurisdiction/ vicinity the employee falls ill;
  - (v) the Medical Officer of any Hospital/ Medical College/ Institute recognized by the Institute, for such purpose or where the employee is admitted under emergency due to an accident or otherwise.
- (2) "Medical Attendance" means in relation to an AMA
  - attendance in his/her consulting room or (i) the hospital to which he/she is attached or at the residence of the employee, including pathological, bacteriological, such radiological or other methods of examination for the purpose of diagnosis as are available in the hospital or consulting room or as are considered necessary by the AMA and such consultation with a specialist or other MO as the AMA certifies to be necessary to such extent and in such manner as the specialist or the MO may, in consultation with AMA, determine; and
    - (ii) attendance at a hospital or in the case of illness which compels the patient to be confined to his/her residence or any other place of stay, at the place of stay of the employee, including such methods of examination for the purpose of diagnosis as are available in the nearby recognized hospital and such consultation with a

specialist or other MO as the AMA certifies to be necessary to such extent and in such manner as the specialist or MO may, in consultation with the AMA, determine.

**Note:** "Medical Attendance" includes attendance at the hospital/ dispensary (i.e. at the outpatient department (OPD) or at the residence of the employee or at the consulting room of the AMA, whether maintained at the hospital or at his residence, by arrangement with him.

- (3) "Patient" means an Institute employee to whom these MATR apply and who has fallen ill;
- (4) "Schedule" means a schedule attached to these Rules;
- (5) "Treatment" means the use of all medical and surgical facilities available at the hospital in which the employee is treated and includes
  - (i) the employment of such pathological, bacteriological, radiological or other methods as are considered necessary by the AMA;
  - (ii) the supply of such medicines, vaccines, sera or other therapeutic substances as are ordinarily available in the Hospital/ Dispensary/ Health Centre;
  - (iii) the supply of such medicines, vaccines, sera or other therapeutic substances as are not ordinarily available in the Hospital/Dispensary/Health Centre but are certified by the AMA in writing to be essential for the recovery or for the prevention of serious deterioration in the condition of the employee, except the items mentioned below, namely
    - a. preparations which are not medicines but primarily foods, tonics, toilet preparations or disinfectants as specified in schedule-I of the Central Services (Medical Attendance) Rules; 1954.

- Reimbursement or refund of the cost of such preparation is not admissible under the Rules.
- b. expensive drugs, tonics, laxatives and other elegant and proprietary preparations as specified in Schedule II for which drugs of equal therapeutic value are available. (Prescription of such expensive drugs, etc. when drugs of equal therapeutic value are available in the Hospital/ Dispensary/ Health Centre is prohibited).
- (iv) such accommodation as is ordinarily provided in the Hospital/Health Center and is suited to his/ her status, provided that if accommodation suited to the status of the employee is not available, a higher class accommodation may be provided;
- (v) such nursing as is ordinarily provided to inpatients by the Hospital; and
- (vi) the specialist consultation described in clause (2) above but does not include diet or provision at the request of the employee or accommodation superior to that described in sub-clause (iv) above.
- (vii) special nursing, if it is not available in the Hospital/ Dispensary/ Nursing Home and if it is certified by the AMA as being essential for the patient. (Charges for such nursing shall be admissible for reimbursement);
- (viii) dental treatment, if available in the Institute, provided that any dental treatment, may be availed outside, if it is certified by the AMA that such treatment is not available in the Institute Hospital/ Dispensary/Health Center and that such treatment is necessary. (However, the charges for orthodontia are not reimbursable); and

simultaneous treatment for the same ailment (ix)in more than one system of medicine is prohibited. However, such treatment is permissible for different ailments, provided that the AMAs are in the full knowledge of such treatment being taken by the patient. **Note** (1) Under these rules 'massage treatment' is not admissible excepting under the special sanction of the competent authority, and on the advice of the AMA. Each case of this kind will be examined on its merits and a reimbursement of such an amount per visit of the Masseur/ to the physiotherapy centre may be allowed as the competent authority, on the advice of the CMO of the Institute, may determine from time to time. This concession is admissible to families of the employees also. They are, however, not entitled to receive such treatment at their residences. Massage treatment by a private masseur is admissible only when it is certified by the AMA that facilities for such treatment are not available in the Institute Hospital/ Dispensary/ Health Centre. Provision for the treatment of special diseases, e.g. TB, Poliomyelitis (including Cerebral Palsy and Spastics), Cancer, (including Hodgkin's disease and Leukaemias), Mental Diseases, Diabetes, etc. given in Central Services (Medical Attendance) Rules, 1954. (3)The expenses incurred in connection physiotherapeutic and occupational therapeutic treatment may be treated as reimbursable to the extent these facilities are available in the Hospital/ dispensary/ Health Centre, provided that the treatment is obtained to recoup certain physical weakness/ defect which may have occurred as a result of some disease. No reimbursement will, however, be admissible if such treatment is obtained (a) to improve general physical fitness/ stamina; (b) for cosmetic purposes; (c) to improve figure, etc. Medical 3. (1)An employee of the Institute shall be entitled, free Attendance of charge, to medical attendance by the AMA. Where an employee is entitled, under sub-rule 3(1) free of charge, to receive medical attendance, any amount paid by him on account of such medical attendance shall, on production of a certificate in writing by the AMA in this behalf, be reimbursed to him by the Institute.

Provided that the Competent Authority (CMO) may reject any claim, if he is not satisfied with its genuineness on facts and circumstances of each case, after giving an opportunity to the claimant of being heard in the matter. While doing so, the Competent Authority shall communicate to the claimant the reasons, in brief, for rejecting the claim and the claimant may submit an appeal to the Institute within a period of forty-five days of the date of receipt of the order rejecting the claim.

In emergent cases, where it becomes necessary for an employee to be admitted in the Institute Hospital as an In-door patient, as certified by the AMA, such patient shall be entitled to get free accommodation in the In-door Patient ward as per his status or a higher status, in case of nonavailability of the accommodation of his status, and free of charge any medical attendance, treatment, consultation, tests and the services of the paramedical staff. AMA shall be available to such a patient free of charge. However, any charges for any specialist consultation and testing, shall not be reimbursable, if they have been done without the written prescription of the AMA. Use of any medicine, diet etc. not prescribed by the AMA is strictly prohibited for In-door Patients.

## Traveling Allowance for Medical Attendance

4.

- (1) When the place at which a patient falls ill is more than eight km by the shortest route from the consulting room of the AMA:-
  - (a) the patient shall be entitled to traveling allowance for the journey to and from such consulting room. However, no such allowance shall be permissible for those who are living in Roorkee/ Saharanpur/ Noida and such other places as are permitted by the Institute for traveling to the Institute Hospital/ Health Centre/ Dispensary in such places. The facilities of the Institute Ambulance Service may be availed in such a case.

- (b) If the patient is too ill to travel, the AMA shall be entitled to traveling allowance for the journey to and from the place where the patient is. However, the AMA should use the Institute Vehicle/ Ambulance, if available, for such journey.
- (c) Application for Traveling Allowance under sub rule (a) shall be accompanied by a certificate in writing by the AMA stating that Medical attendance was necessary and if the application is under sub-clause (b) of sub rule 4(1), that the patient was too ill to travel.

However, conveyance charges paid to a compounder or a Laboratory Assistant who comes to the residence of the patient to administer injections, etc. are not reimbursable.

## Consultation with Specialist

5.

- (1) If the AMA is of opinion that the case of a patient is of such a serious or special nature as to require medical attendance by some person other than himself, he may,—
  - (a) send the patient to the nearest specialist or other Medical Officer by whom, in his opinion, medical attendance is required for the patient; or
  - (b) if the patient is too ill to travel, summon such specialist or other Medical Officer to attend upon the patient.
- (2) A patient sent under clause (a) of sub-rule (1) shall, on production of a certificate in writing by the AMA in this behalf, be entitled to Traveling Allowance for the journeys to and from the headquarters of the specialist or other Medical Officer.
- (3) A specialist or other Medical Officer summoned shall, on production of a certificate in writing by the AMA in this behalf be entitled to Traveling Allowance for the journey to and from the place where the patient is.

Medical Treatment 6.

- (1) An Institute employee shall be entitled, free of charge, to
  - treatment—
  - (a) in the Institute hospital or any other Hospital/Nursing Home at or near the place where he falls ill as can, in the opinion of the AMA, provide the necessary and suitable treatment; or
  - (b) if there is no Institute Hospital at the place of work, in such hospital at or near the place as can, in the opinion of the AMA, provide the necessary and suitable treatment.
- (2) Where an Institute employee is entitled, free of charge, to treatment in a hospital, any amount paid by him on account of such treatment shall, on production of a certificate in writing by the AMA in this behalf, be reimbursed to him by the Institute:

Provided that the CMO of the Institute shall reject any claim if he is not satisfied with its genuineness on facts and circumstances of each case, after giving an opportunity to the claimant of being heard in the matter. While doing so, the C.M.O. of the Institute shall communicate to the claimant the reasons, in brief, for rejecting the claim and the claimant may submit an appeal to the Director within a period of forty-five days of the date of receipt of the order rejecting the claim.

(3) An Institute employee is allowed to receive treatment as an in-patient, for himself/herself and members of his/her family, without consulting the AMA, in a hospital where he is ordinarily entitled to receive treatment under the rules, i.e., in a hospital to which he would be admitted had he consulted his AMA. It will, however, be necessary in such cases before reimbursement is made, to obtain a certificate from the Chief Medical Officer of the Institute that the facilities provided were the minimum which were essential for the patient's treatment. This certificate will be required in addition to all other documents necessary.

Treatment at 7. Residence	(1) If the AMA is of opinion that owing to the absence or remoteness of a suitable hospital or to the severity of the illness, an Institute employee cannot be given treatment as provided in rule 6(1), the employee may receive treatment at his residence.
	(2) An Institute employee receiving treatment at his residence under sub-rule (1) shall be entitled to receive towards the cost of such treatment incurred by him a sum equivalent of the cost of such treatment as he would have been entitled, free of charge, to receive under these rules if he had not been treated at his residence.
	(3) Claims for sums admissible under sub-rule (2) shall be accompanied by a certificate in writing by the AMA stating-
	<ul><li>(a) his reasons for the opinion referred to in subrule (1); and</li><li>(b) the cost of similar treatment referred to in subrule (2).</li></ul>
	NOTE 1.— If the AMA certifies that the Institute employee required hospital treatment but that no accommodation was available at the recognized hospital, then the fees paid for medical treatment at the patient's residence may be reimbursed to the extent of what would have been paid by the Institute had the treatment been received at the hospital.
	NOTE 2.— For the purpose of calculating the sum admissible under this rule in any particular case, the charges for accommodation and diet should be excluded and only the charges for medical attendance, nursing, medicines, including injectibles and dressings taken into account.
Other 8.  Medical Facilities	(1) Charges for services rendered in connection with but not included in medical attendance on, or treatment of, a patient entitled, free of charge, to medical attendance or treatment under these rules, shall be determined by the AMA and paid by the patient.
	(2) If any question arises as to whether any service is included in medical attendance or treatment, it shall be referred to the Institute and the decision of the Director shall be final.
	NOTE 1. Ex gratia refund and refund as a special case require the concurrence of the Board of Governors.

- Expenses incurred by an Institute employee or a member of his family on treatment for "Venereal Diseases" and "Delirium Tremens" should be regarded as reimbursable.
   Reimbursement of expenditure incurred on account of treatment of sterility will be admissible.
  - 4. Expenses incurred in connection with an operation for sterilization are reimbursable, irrespective of the fact that this is intended to serve as a measure of family limitation.
- Expenses incurred by the Institute employee on medical termination of pregnancy is reimbursable, provided the medical termination of pregnancy has been performed at Government or other institutions /hospitals/ institutions approved under the Medical Termination of Pregnancy Act, 1971
- 6. Expenses incurred by the Institute employee on 'General Debility' or 'Secondary Anemia' is reimbursable.

## Medicines and Tests

9.

- The Institute hospital/Dispensary shall keep in stock medicines of various brand names decided by a Committee of Medical Officers of the Institute appointed for such purpose from time to time. The Hospital/ Dispensary shall make all the bulk purchases from a list of firms, whose price lists with proprietary Certificates have been recommended by the Hospital Purchase Committee constituted for the purpose. Medical Officers of the Institute shall normally prescribe medicines, which are in stock of Institute medical store.
- (2) The employees and their families taking regular OPD treatment at recognised hospitals in and around Roorkee/ or outside as recommended by the AMA, may draw their medicines from the Institute hospital Store. In case some medicines are not available in the Store, the hospital will purchase such medicines from the local market.
- (3) For the purposes of sub-rule (2) above,, the AMA and the Pharmacist of the Institute hospital pharmacy are duty bound not to accept the request of employees for medicines through phone, e-mail, or a slip of paper, etc. In all such cases, medicines necessary can be drawn only through medical prescription slip obtained from the AMA of the Institute /recognised hospital as recommended by the AMA and, in the case of prolonged treatment, revalidated by the Institute Hospital from time to time.

- (4) No such certificate/ reimbursement of the purchase bill will be approved for medicines for which similar / equivalent medicines are available at the Institute hospital, only for the sake of a particular brand name.
- (5) The tests (X-ray, E.C.G., Ultrasound, etc included) prescribed by the Medical Officers of the Institute hospital should be carried out at the Institute hospital itself normally. Otherwise these may be carried out from the recognised hospitals / Laboratories as recommended by the AMA.
- (6) The tests prescribed by the AMA of other hospitals/ Specialist Consultant, for which facilities exist at the Institute hospital, may preferably be carried out at the Institute hospital. However, approval / concurrence of the AMA is necessary for such tests to be conducted outside the Institute hospital.

Recognised 10.
Hospital/
Authorised Medical
Officer for Referral
Cases.

- The employees and their families should generally (1)avail of the medical facilities at the Institute hospital as per the rules approved in this regard. For facilities not adequately available or not available in the Institute hospital or cases which diagnosis or specialised sophisticated treatment, the AMA may refer such eligible patients to Government hospital of Roorkee, Jolly Grant Hospital Dehradun, Medical College Meerut and All India Institute of Medical Sciences, Delhi (AIIMS, Delhi) or any other Hospital or Institute for special consultation / investigations / surgery and in-door treatment.
- (2) For facilities not available or not adequately available in the Institute hospital or cases which need specialised diagnosis or sophisticated treatment may also be referred by the AMA to outside hospital for specialised consultation / investigation / surgery and in-door treatment; a list of outside recognised hospitals, as approved by the Director of IITR or by a person to whom the authority has been delegated, shall be notified by the Institute from time to time.

- (3)An employee shall have the option to receive treatment at any other hospital, a private clinic / instead of home the hospital recommended by the AMA as per sub-rules (1) and (2) above. However, in such cases the reimbursement of the expenses will be to the extent chargeable in the recommended hospital, the maximum limit being that charged in the AIIMS, Delhi. Also travelling cost in such a case, if approved by the AMA, shall be reimbursable as per the travelling allowance norms of the Institute, the limit being the travelling cost to the recommended hospital location the recommended mode of transport.
- (4) For all indoor medical treatment, for which prior approval / referral letter from the AMA exists, medical advances may be granted to the Institute employee to cover surgery, related hospital charges and medicine including diagnostic tests, if any, provided that in all such cases the advances will be made directly in favour of the recommended recognised hospital through a crossed cheque and such advance shall not exceed 90% of the estimate obtained from the said hospital or that of the admissible limit of the reimbursement, whichever is lower.
- (5)When an employee on duty outside Roorkee (within India) or when a staff member and his / her family members are outside Roorkee (within India) or dependent children studying outside Roorkee (within India), falls ill, the employee shall have the option to consult and receive treatment in any nearby hospital or a private/hospital clinic / nursing home, preferably under the guidance of AMA. In all such cases, the eligible patient or his / her representative shall inform the head of the section where he / she is working as well as the CMO of the Institute hospital within FIVE DAYS through phone, e-mail or fax followed by a detailed letter containing the nature of illness and the treatment being received. The concerned employee shall also contact the CMO of the Institute hospital within FIVE DAYS of arrival at

Roorkee, and apply for post-facto approval from the AMA for the medical treatment received outside Roorkee detailing the circumstances under which the treatment was availed along with a certificate from the treating AMA showing the nature of illness and the line of treatment followed. Only then such claims mav reimbursed as per sub-rule (3). Ambulance Ambulance of the Institute hospital shall be & Travel Costs stationed at the hospital premises and will be available all the time for use in emergency, free of cost, as a conveyance to eligible patients. Ambulance may be used to convey an eligible (2)patient to the Institute hospital from the residence of the employee or from anywhere within the Municipal area of Roorkee, free of cost, on call basis. (3) Ambulance shall be made available for the conveyance of (a) an employee or a member of his / her family from the Institute recommended hospital outside Roorkee, free of cost, only when the AMA certifies in writing that "That the conveyance of patient by any other means would endanger his/her life or grossly aggravate the condition of his/her health". (4)When the ambulance is provided to a patient as sub-rules (3), an attendant/ escort of a suitable level may be deputed by the Institute Hospital at the sole discretion of the AMA, if in the opinion of the AMA, the transfer/travel of the eligible patient, without an attendant, to the place of treatment may be risky. (5)One member of the family, acting as an attendant/escort, may be entitled to traveling allowance both ways at the rates admissible as per Institute traveling allowance rules, provided that it is certified in writing by AMA that "This is unsafe for the patient to travel unattended".

Similarly, traveling allowance will also be admissible if it becomes necessary for a member

of the family to travel again to fetch the patient as an attendant/escort on production of the necessary certificate from AMA as above. When the ambulance of the Institute hospital is (6) not available for use as per sub-rule (3), for whatever reason to be given in writing by the AMA, the employee in question may be allowed to hire an ambulance / taxi on his/her own and any charges paid for the purpose shall reimbursable as per travel rules of the Institute. Alternatively, the AMA may recommend travel by train/air to the place of treatment in the recognized/ referred hospital and, in all such cases, the traveling cost of the eligible patient shall be reimbursed as per Institute travelling allowance rules. Medical 1 12. (1)Cost of reimbursement of expenses incurred by the Reimbursement. members of the staff in connection with medical attendance and treatment of employees and their families will be reimbursed in accordance with the pay-scale, wherever is applicable, prescribed by the BOG from time to time. (2)In the case of OPD treatment, the cost of radiological, pathological investigations, available in the Institute hospital, medicines the market purchased from as per recommendation of the AMA in accordance with these rules may be preferred in the form meant for OPD treatment only. The reimbursement claim as well as the cash memos should be necessarily countersigned by the CMO affixing the stamp of the Institute hospital. Proper break up of charges for various investigations, minor procedures, etc. must be provided along with the claim. The claim form duly completed by the staff member and countersigned by the CMO with Institute hospital stamp may be forwarded to Finance & Account Office for payment. (3) (a) For in-door treatment, the hospital bills, stay charges, operation and allied charges, investigation of medicines charges, cost

supplied by the hospital, etc. may be preferred in the medical claim form meant for in-door treatment. The staff member should enclose all the relevant papers including the referral letter of the AMA along with the form. The form duly filled in by the staff member and countersigned by the CMO with the Institute hospital stamp affixed on it, may be forwarded to Finance & Accounts Office for payment.

- (b) All the medical claims for the in-door treatment should be preferred as early as possible but not later than 3 months after the date of admission to the outside hospital.
- (c) The reimbursement of admissible items in respect of in-door treatment will be made only after the charges are certified by the AMA of the concerned hospital and the CMO of the Institute hospital subject to the condition that the rate charged for each admissible item does not exceed the limit set by AIIMS rates/entitlement; the reimbursement will be at AIIMS rate, if the rate exceeds the same.
- (4) The reimbursement for tests conducted outside the Institute hospital as recommended by the AMA, shall be made on the basis of actual charges paid by the employee provided that the same is certified by the treating hospital / Laboratory affixing its own stamp. However, the reimbursement shall be within the limit of charges approved by the AIIMS.
- (5) When both husband and wife are employed in the institute, either the husband or the wife can choose to prefer the reimbursement claim of medical facilities on behalf of self and family, by declaring the fact, through a joint declaration.
- (6) When the spouse of an employee is employed in a State / Central Govt. / another Autonomous Institution / Corporate Body etc. he / she can choose to claim the medical facilities either from

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		the Institute or from the spouse's employer by declaring the same through a joint application.
	(7)	When a spouse is employed in a private organization where medical facility is not available or when it is available to self only, a letter to this effect should be produced from the employer of the spouse.
	(8)	Separate claims should be preferred for each patient even when they belong to the same family of the employee.
	(9)	Reimbursement of the cost of medicines of Indian systems of medicine and Homeopathy and the corresponding treatment costs are also admissible, provided the eligible patient has availed the facilities of Indian system of medicine on the recommendation of the AMA subject to Sub rule of 2(5) (ix).
No 13. Reimbursement	(2)	No reimbursement of expenses are permissible for provision of spectacles.  No reimbursement for treatment for Orthodontia is permissible.  Medicines and other items, which are declared by the Govt. of India as inadmissible and published in the Central Govt. Compilation of Medical Attendance Rules and Orders, as amended from time to time, are not reimbursable.
Instructions 14. for Institute Medical Officers	(1)	The provisions of the MATR approved by the BOG and as amended from time to time should be strictly followed.
	(2)	Utmost economy should be exercised while prescribing medicines. MOs should normally prescribe medicines, which are in stock of the store of the Institute hospital. Where cheaper medicines of equal therapeutic value are available, only those medicines should be prescribed.
	(3)	MOs should not refer a patient to an outside recognised AMA/ Hospital if he/she can be

treated well within the Institute hospital with the available facilities. Health care system is considered an essential (4)service and Medical Officers of the Institute hospital are considered to be on duty all the time even though official OPD timings are notified from time to time depending upon the summer and winter seasons. There shall be a Medical Officer on duty for emergency services during evening and night time after office hours; however, every MO in the hospital is duty- bound to attend to emergency whenever called upon to do so. 15. General (1)The CMO of the Institute hospital shall obtain and update the medical charges at AIIMS, Delhi and other recognized hospitals from time to time. A schedule of such charges may be made available to the Institute employees whenever needed by them at the Institute hospital. (2)In case of misuse of medical reimbursement facility, concerned employee of the Institute will be denied all medical privileges till such time as may be decided by the Director. If the misuse is repeated for the second time, concerned employee will loose the benefits of the medical facilities for the rest of his/her service at the Institute notwithstanding any other action that may be initiated under the conduct and Service rules of the Institute. (3)Anything not covered under these rules, shall be governed by the Central Services (Medical Attendance) Rules,1954 or any decision of the Central Government/ Council/ BOG taken from time to time. (4)Any doubt or dispute arising about interpretation of these rules shall be referred to the Director, whose decision shall be final and binding on all concerned.