



**Nurturing Silence, Creating Lives**  
(A social initiative of IIT Roorkee)

**A NUSHRUTI**  
cademy for the Deaf

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## **Quarterly Newsletter for APRIL – JUNE 2025**

### **EARTH DAY CELEBRATION**

On the occasion of Earth Day, 22nd April 2025, a Poster-making competition was organized for both junior and senior classes. The theme of the event was "Our Planet, Our Power", encouraging students to creatively express the importance of environmental protection. Insha from Class 5 secured the 2nd position, while Rishit, also from Class 5, earned the 1st position for his outstanding work.

The competition aimed at raising awareness about sustainability inspiring children to take responsibility for protecting the Earth. Students participated with great enthusiasm, showcasing their creativity and concern for the environment.



### **DRAWING & PAINTING COMPETITION**



On 29th April 2025, a Drawing and Painting Competition was organized for the students in the junior and senior sections. In the junior category, Sidra from Class 1 secured the first position, while in the senior category, Insha from Class 5 achieved the first position for her creative artwork.

The event encouraged artistic expression and imagination among students, fostering a love for colors and creativity.

### **FAREWELL**

On 1st May 2025, we bid a heartfelt farewell to Mrs. Monika Saini, who left the job after an inspiring journey of 15+ years with AAD. Her dedication and passion for teaching have left a meaningful impact on the institution. As a Hindi teacher for our Hearing Impaired (HI) children, she brought knowledge, confidence, and joy into the classroom. Her patient approach and commitment to inclusive education made her deeply respected by the students and staff alike.

We thank her for her outstanding service and wish her a peaceful, happy, and fulfilling life ahead. She will always remain as a cherished part of the AAD family.



## **EMPOWERING HI CHILDREN THROUGH AWARENESS: UNDERSTANDING GOOD AND BAD TOUCH**

On 3rd May 2025, a thoughtful drama act was organized to raise awareness among children—especially those with hearing impairments—about the concept of good touch and bad touch. The act featured dedicated teachers including Mrs. Shazia Farhat, Mrs. Renu Sood, Mrs. Srishti Tyagi, Mrs. Sheela Saini, and Mrs. Saroj Yadav.

Through relatable scenarios and storytelling, the performance sensitized children to the differences between appropriate and inappropriate touch. Sign language was used to ensure HI students could grasp the message.

The initiative aimed to inform and empower children—giving them the confidence to recognize unsafe situations and stand up for their safety.

## POSTER COMPETITION ON INTERNATIONAL MOTHER TONGUE DAY

On 8th May 2025, Nursery and KG students participated in an engaging fun-filled classroom activity. The children thoroughly enjoyed themselves as they took part in tearing and pasting exercises and interactive quiz games. These activities not only brought smiles and laughter but also played a key role in improving their fine motor skills and hand-eye coordination.

Additionally, the students showcased creativity and enthusiasm throughout the session. Such hands-on activities contribute to their overall cognitive and physical development in a joyful learning environment.



## YOGA AND MEDITATION SESSION BY BRAHMA KUMARIS FOR HI STUDENTS



On 8th May 2025, a special Yoga and Meditation Program was conducted for hearing-impaired (HI) students by Brahma Kumaris members. The session included inclusive and engaging activities aimed at promoting inner peace, concentration, and overall well-being. Students

actively participated and were rewarded for their involvement.

Such initiatives create a calm and positive atmosphere, encouraging mindfulness and emotional awareness. For children with special needs, who may find it difficult to express their emotions verbally, these practices are especially important. They help in managing emotions, and supporting both mental and physical health. Programs of this sort offer a valuable outlet for self-expression and inner balance, contributing to the holistic development of HI students.



## MOTHER'S DAY CELEBRATION AT SCHOOL



On 9th May 2025, Mother's Day was celebrated with great warmth and enthusiasm in the school. Teachers spoke to students about the invaluable role of mothers in their lives and the unconditional love they provide. Children from Pre-Nursery to Kindergarten created beautiful garlands as a heartfelt gesture of love for their mothers. Students from Classes 1 to 4 performed songs and acted poems, while students from Class 5 onwards expressed their emotions through thoughtful essays writing on the theme of "My Mother."

The celebration fostered a sense of gratitude and emotional connection among the students. It served as a meaningful reminder of the sacrifices mothers make. The event beautifully highlighted the bond between a mother and child through creativity and expression.



## ACTIVITY DAY



On 17th May 2025, children enthusiastically participated in a variety of activities including shape recognition tasks, social service and community-based activities, a mock drill, and model-making projects. These activities aimed to promote cognitive development, enhance creativity, and foster social awareness among children.

They also encouraged teamwork, problem-solving, and hands-on learning. Such experiences play a vital role in building confidence and nurturing into responsible, well-rounded individuals.



## YOGA CAMP FOR SCHOOL STAFF

A rejuvenating Yoga Camp was organized from 27th May to 11th June 2025 for the school staff by Arsh Yog Evam Jan Kalyan Sansthan. The sessions were led by renowned yoga expert Acharya Virendra Arya and experienced instructor Mrs. Rajni Kalra.

They guided participants through various yoga postures, breathing techniques, and shared valuable insights on integrating yoga into daily life for enhanced physical and mental well-being.

The camp provided a refreshing break from routine, fostering relaxation, positivity, and promoting a holistic, healthy lifestyle among staff members.



## TWO-DAY SIGN LANGUAGE WORKSHOP



A two-day workshop on Sign Language was conducted on 30th and 31st May 2025 in collaboration with the Sarthak Foundation, Haridwar. The sessions were led by expert trainers who guided participants through the fundamentals of sign language in an interactive and engaging manner.

On the first day, Miss. Bhumi Sharma (Sign Language Interpreter) captivated the participants by narrating a story entirely in sign language, thereby enhancing the teachers' vocabulary and expressive skills. The second day focused on constructing meaningful sentences and effectively communicating through signs. Additionally, Miss Bhumi demonstrated how to creatively

express songs using sign language, making the learning experience both practical and inspiring.

This workshop greatly contributed to building inclusive communication skills among educators.

## SUMMER VACATION SKILL-BUILDING AND CREATIVE SESSIONS

During the vacation period from June 1st to 15th, the entire staff actively participated in skill enhancement through mutual learning sessions. For example, On May 29, 2025, Dr. Usha Banerjee (Senior Scientific Officer, IIT Roorkee), a member of the Management Committee, conducted a session on communication skills, emphasizing the importance of confident and impactful communication.



On June 3, 2025, Mr. Sanjay Kumar conducted training on MS Excel to help colleagues overcome hesitation and build confidence in using the software. Similarly, on June 4, 2025, Mr. Rahul Kumar facilitated sessions on MS Word, covering its finer aspects to support effective application in the teaching-learning process.



On June 6, 2025, to add a joyful and creative touch, a chocolate-making workshop was conducted by expert Ms. Vanshika Singh, where the staff learned the art of preparing hygienic, homemade chocolates. The vacation period was thoughtfully structured to promote the holistic development of the staff.